Term 2
First Edition
May 2017

IMPORTANT DATES

12 May - Mother and Child Day

16 May - Gr 6 outing to Medical History Museum

19 May - Winter Warmers

19 May - Poetry Festival

26 May - Colour Walk/Run

31 May - FP Kleredrag Dag

2 Jun - Afrikaans Movie Evening

9 Jun - Dare to go Bare

15 Jun - Staff Concert

22 Jun - HARTROE (Gr 5)

26-30 Jun - Half Term

Mother's hold their children's hands for a while, but their hearts forever.

May 2017
Dear Parents, learners and staff,

I wrote last year about MCS embracing a “Culture of Thinking.” We talk about educating for the future and for life in order to try get our learners to understand their thinking, to reflect on that and to make learning relevant. We continually ask the question, “what do we want our children to be like as adults?” Relevance in learning is so important and if our learners know why they are learning something, their thinking and understanding in turn will be so much deeper.

I believe that this goes so much further than just the learning in the classroom, children need to have the purpose in all they do at MCS and they need to understand that purpose. If they do not understand that purpose, the vision is ahead is blurred.

The education your children receive at MCS is designed to help fulfil their purpose, get the best out of life and also to help them pursue and realise their aspirations and ambitions.

Consider the following rhetorical questions for our learners:
- Why am I at MCS?
- Is my purpose here being fulfilled?
- What is the relationship between my today and my tomorrow?

Every purposeful thinking and forward looking learner should give thought to the questions above and proffer answers inwardly, whether affirmative or negative. The need for purpose, the “Why?” is the defining characteristics of human beings. Purpose is a fundamental component of fulfilling and meeting up life expectations.

A learner who is not driven is like a rudderless ship being tossed around in the sea. Learners in this category are not focussed or determined and lack a sense of direction towards success. It is a sure recipe for “performance” failure. On the other hand, having a strong sense of purpose can have a powerful positive effect. As a student of MCS, they become engaged in meaningful activities whilst at school and they understand why they are doing them.

Purpose provides learners with a sense of direction, which ultimately motivates them in working diligently towards the realisation of their set targets and goals. Being purposeful is a form of personal empowerment, which keep them going and on track when they are faced with daunting tasks and challenges. Even failure becomes a motivation and a reason not to throw in the towel. It pushes them harder and harder towards achieving their own set individual goals.

Purpose helps to enhance our learners’ self-esteem. When they are successful in dealing with their challenges and moving closer to their goal, their self-confidence increases.

Finally, purpose is closely related to determination. Working towards a goal that we feel is attainable and that our lives will change for the better once we have reached it. It implies hope – hope for a better life, better academic performance, healthier life and achievements.

Purpose is one of the preconditions of success. With a purpose you package your dream, power your vision and drive your goals and achieve them.

I encourage you to discuss this with your child, discuss with them their goals and purpose with them in all they do whilst on their journey to achieve them.

John F. Kennedy once said: “Efforts and courage are not enough without purpose and direction.”

During a staff workshop I posed a reflective question to our teachers. “How would you describe your school to a new family in the district?” Their answers clearly indicate a cleared defined purpose and love for our school and learners. Here is some of their answers, please enjoy:

- Mountain Cambridge School is a school like no other. I have taught at many different schools in different areas of South Africa and never have I come across a more motivated staff, who are more diligent in their work and as invested in the growth of our learners as true citizens of the world as here. The leadership and management are inspirational to say the least and our learners are top class pupils. I truly love teaching here and you cannot go wrong in choosing a school such as This Mountain Cambridge School.
- It is a well-run, innovative school that leaps abreast with modern practices such as being a thinking school. It is small and nurturing school that is child-centred encouraging children to be the best they can be.
- A small school based on Christian values, old school morals, discipline and fair sense of family. Innovative, passionate teachers and principal. A small school where all children are important teaching a first world curriculum.
- The best school as it offers a world class curriculum.
- A beautiful place to be where everyone is treated as part of a family. Every child is important, not just a number.
- MCS provides an internationally recognised curriculum created by one of the oldest Universities in the world, Cambridge. The curriculum is taught by passionate and dedicated teachers. Since 2015 MCS has been voted one of the most innovative schools in South Africa.
- A place where education is the most important thing. Learners REALLY are real world ready.

I have to say I love this time of the year … as the leaves start to fall from the trees and winter commences, Winter Sport Season springs in to action. The second term is going to be a very exciting and busy one for our learners. To name a few of these exciting events: the MCS mom and child day this coming Friday, our Primary School Poetry Festival, Cambridge Colour run, the staff concert, High School House plays, winter sport, debate evenings, Primary School Cultural Evening and many more. I look forward to seeing our parents at some of these events. We, the teachers and management, continually strive to provide opportunities for your child and to create an environment conducive to teaching and learning.
### Changes to the School calendar — please diarise & Fundraisers

1. **High School drama production: 25th of May change to the 22nd of June** this will allow our learners & teachers efficient time to put together a spectacular show.

2. **Grade R & Pre-Primary concert and Grandparents day: 8th of July change to Saturday 23rd of September**. Please diarise.

**Fundraisers:**

We will host two fundraising events this term. The funds raised will go towards equipping and improving the sports fields.

- The first event will be on the **26th of May**. The Primary School and High School learners will participate in a Colour run. **Our parents are more than welcome to join us for the Colour run.** The Primary School learners will participate from 12:00 – 13:00, the learners are allowed to leave after 13:00. The High School will participate from 13:00 – 14:00. Programmes and letters will follow soon.

- **Staff concert** will be held on the **15th of June**, do not miss out on this spectacle that promise not to disappoint, it will be filled with fun, laughter, tears and lots of fun. Tickets will be available from the 29th of May at the Bursar’s office. The event will be hosted in a “Barnyard theatre” style. More information will follow soon.

We have a dedicated group of moms, the Corks committee, who are already working non-stop to organise these events and we will soon get the class representative moms and parents involved too.

Please parents, support these events. As one of our parents reminded me the other day the reason for doing these fundraising events: “We do this because we believe that we all can make a difference (and we want to), we do this because we know our children are going to benefit from what the funds will be used for, we do this because to say that we are part of something so amazing, and it is an honour, we do this because we enjoy aspects of our own abilities we never knew we had, we do this to show our children what an involved parent looks like.”

### Staff news

**Ms Sandy Kuisis** is congratulated as our newly appointed Head Mistress of the Pre-Primary School and Grade 00 teacher, a well-deserved appointment. A good teacher inspires curiosity and this is at the heart of imagination and creativity. Mrs Kuisis is an inspirational teacher and with her 25 years’ experience will most certainly lead the Pre-Primary to new heights. We wish Sandy every success in this position.

We welcome **Ms Sandra Arraioi** back after her maternity leave and welcome her in her new position as the Grade R teacher.

**Helen Jooste**

It is a great privilege for me to pay tribute to Helen Jooste. She has served our school faithfully and with integrity for the last 6 years.

Helen is, however, not a woman who is defined by what she does but by who she is. I have come to know Helen as someone who is kind, loving and hardworking and despite all her hardships with her illness she always remained positive. Helen’s work ethic and dedication was inspiring to us all that worked with her.

We thank her for her excellent service and love for MCS and wish her all the best for her. She goes with our blessing and we pray that the Lord will strengthen and encourage her as mom and grandmother. We pray Helen, that your well-deserved retirement will bring you much rest and fulfilment and lots of fun time. Helen, you are not only highly respected within the School community but also loved and valued and you will be sorely missed. I wish you a very blessed retirement.

We welcome **Jasmine Canter** as our newly appointed Bursar. She was for the last 2 years part of the Financial Department at Parktown Boys High. Ms Canter will be available for our parents **Mondays to Fridays from 7:00 – 15:00** for any payments or payment queries. Her office is located next to the Library/Gap area. We welcome her to the MCS family and hope that she will have a long and happy association with our school.

**MCS Alumni**

We are extremely proud of the successes of our MCS Alumni, they are truly Real World Ready.

Congratulations to **Anrie Human**, a former student of MCS, she received her BA degree at Pretoria University with distinction. Her majors were Anthropology and Psychology. She is also a member of the prestigious Golden Key International Honour Society.
She is currently busy with her Honours degree in Anthropology and intends to do her Masters next year. Her research project is about the social dimensions of cancer treatment. Anrie was also the second prize winner of English language in her second year, although her mother tongue is Afrikaans. She is a tutor for Anthropology since her third year. Anrie believed that her success is due to hard work, determination and the good educational base of MCS. Well done Anrie!

**Nadine Grobbelaar**, one of our MCS alumni, studied at Oakfield College and was selected to be part of the cast of the hit musical Priscilla Queen of the Desert.

Nadine’s ambition for the arts led her to study at Oakfields College. With a love and passion for the arts, Nadine has had the privilege of working alongside many influential people in the South African Musical Theatre industry, such as Rowan Bakker in her college production of CARRIE THE MUSICAL in 2014. In 2015 she worked with the talented musical director Wessel Odendaal in the production of THE CRADLE WILL ROCK, as a lead and with Bryan Schimmel in a Bidvest corporate event. In 2016 she worked alongside Gina Shmulder in her college musical, PASSING STRANGE.

Congratulations Nadine!

After three years of studies, **Melanie Hinton McDonald**, one of our former students, recently graduated from the Open Window Institute for Arts and Digital Sciences with a BA Degree in Visual Communication Design and a distinction in her major (Visual Communication Design), as well as an overall average of 73%.

The course explored a range of subjects such as illustration, photography, professional retouching, motion design, marketing, concept development, visual culture discourse and visual communication design - to name a few. Within her major, Melanie tackled exciting projects that covered corporate identity design/branding, advertising, editorial design, packaging design, infographics, and many other avenues essential to building the strong skill set she and her peers have now developed. She is currently the graphic designer and layout artist at the Kormorant newspaper/Get It magazine and plans to take her skills to the USA very soon. Well done and congratulations Melanie!

**In conclusion**

We hope that all our mothers and caregivers will have a **happy Mother’s Day on Sunday the 14th of May**! I trust that the learners will make you feel truly loved and appreciated and that you all have a special Sunday. Mothers are the sweetest gift from God to us. There is no way we can ever really thank our mother for all she does for us nevertheless we must make it a habit to keep reminding ourselves of the various sacrifices she made while raising us. Mother's Day is the best time to say in words how much you love and care for your mother.

I wish you all a **not too chilly Second Term**.

**Unite the Spirit! Go Forward proud MCS family!**

Best wishes

**Carolina van Heerden**

Principal
Flipped classroom

During a staff workshop the staff was introduced to the Flipped classroom model. If you are unfamiliar with a Flip Classroom model, the primary concept is that lessons will be recorded in video format for your student to view online prior to class. These lessons are usually 3 - 5 minutes, or so, in length.

The student should replay each video lesson as often as needed to understand the concept. This is one major advantage of video recording the lessons. Your student can also review the video lessons whenever they like, for example, prior to a test.

In class, your teacher will be working with the students on the exercises they would have been given as homework. This is possible since the "lecture" part of class is now done through the video lessons and viewed outside of class.

Therefore the “Flip” is lessons at home and exercises at school. The Flipped Class reduces the stress traditional homework creates. It allows the teacher to spend more time with your student on an individual and group basis. If you wish to read more about Flip Classroom successes, please see the links below.

https://www.youtube.com/watch?v=ojiebVw8O0g

We are currently investigating some of the special software tools available and will in the near future announce which software will be the best to use, and in which classes we will introduce this.

This is an exciting time in education. Our goal is to provide each student with the best tools possible and improve their educational outcomes. If you have any questions, please feel free to reach out to us.
Talking About Failure: What Parents Can Do to Motivate Kids in School

Is failure a positive opportunity to learn and grow, or is it a negative experience that hinders success? How parents answer that question has a big influence on how much children think they can improve their intelligence through hard work, a study says.

“Parents are a really critical force in child development when you think about how motivation and mindsets develop,” says Kyla Haimovitz, a professor of psychology at Stanford University. She co-authored the study, published in *Psychological Science* with colleague Carol Dweck, who pioneered research on mindsets. “Parents have this powerful effect really early on and throughout childhood to send messages about what is failure, how to respond to it.”

Although there’s been a lot of research on how these forces play out, relatively little looks at what parents can do to motivate their kids in school, Haimovitz says. This study begins filling that gap.

“There is a fair amount of evidence showing that when children view their abilities as more malleable and something they can change over time, then they deal with obstacles in a more constructive way,” says Gail Heyman, a professor of psychology at the University of California at San Diego who was not involved in this study.

But communicating that message to children is not simple.

“Parents need to represent this to their kids in the ways they react about their kids’ failures and setbacks,” Haimovitz says. “We need to really think about what’s visible to the other person, what message I’m sending in terms of my words and my deeds.”

In other words, if a child comes home with a D on a math test, how a parent responds will influence how the child perceives their own ability to learn math. Even a well-intentioned, comforting response of “It’s OK, you’re still a great writer” may send the message that it’s time to give up on math rather than learn from the problems they got wrong, Haimovitz explains.

She and Dweck conducted a series of smaller studies to explore how the interactions between parents’ failure and intelligence mindsets affected their children’s beliefs about intelligence.
First they interviewed 73 parents and their fourth- and fifth-grade children about their beliefs on failure and intelligence. The parents were mostly mothers with at least a college degree; they lived in the San Francisco Bay Area. The questions focused on whether they viewed intelligence as something that could change and whether they saw failure as positive, facilitating growth and enhancing productivity or as negative, debilitating and inhibiting learning.

The way children perceived “being smart” was not related to how their parents perceived intelligence, but it was related to how their parents reacted toward failure.

“Parents who had more of a failure-is-debilitating mindset had children who were significantly more likely to believe that intelligence is fixed,” they found, even after accounting for how parents perceived their children’s academic success.

“The more parents believed that failure is debilitating, the more likely their children were to see them as concerned with their performance outcomes and grades rather than their learning and improvement,” the study found.

Then the researchers surveyed 160 different parents online to find out how they would respond to their child coming home with a failing quiz grade. Those who saw failure as negative were more likely to worry about their child’s abilities in that subject or to comfort their child about not being talented in all subjects. But parents who saw failure as an opportunity were more likely to ask their child what they learned from the quiz, what they still can learn and whether asking the teacher for help would be useful.

Through two more surveys of 102 Bay Area parents and their children and 100 fourth- and fifth-grade students, the researchers found that children could correctly identify their parents’ beliefs about failure but not necessarily about intelligence — and it was the former that matched up with the children’s own beliefs about intelligence. Finally, the researchers conducted a randomized experiment with 132 parents to discover whether parents’ failure beliefs directly cause their children’s beliefs through parents’ reactions to failure: they did.

“The takeaway is that when your child is struggling on something or has setbacks, don’t focus on their abilities, focus on what they can learn from it,” Haimovitz says. One way, she says, is to ask a child: “How can you use this as a jumping-off point?”

“The messages we get from our parents, whether explicitly or symbolically or subconsciously, stay with us and are very hard to unlearn and to overcome” if they’re not helpful, she says. “Sometimes we have internalized faulty beliefs or beliefs that don’t serve us.”

Further, taking the learn-from-failure message too far might backfire eventually. “If you’re being told this message you can learn anything and you’ve done everything you can and you’re not getting anywhere, then maybe at a certain point you say you’re going to say I just don’t believe this,” she adds.

Further, children’s mindsets can also be influenced by their temperament, such as their tolerance for frustration, Heyman says.

“One thing we do know in recent years, there’s too much blaming of parents,” Heyman says. “Temperament is extremely important and it’s biologically based, and to deny that causes all kinds of problems.”

The challenge for parents is to support children without setting them up for failure.

“There’s this very difficult fine line between parents and teachers helping children enough so that they can do things on their own that they couldn’t do otherwise but not to help them so much that they expect other people to do it for them and don’t get pulled up to a higher level,” Heyman says. “You slowly pull back as the kids get better on their own, but not let them flail around so much that they get frustrated and give up.”

Tara Haelle is the co-author of The Informed Parent: A Science-Based Resource for Your Child’s First Four Years. She’s on Twitter: @tarahaelle

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Activities – re issued

Some of our children are being overextended with their scheduled sport and cultural commitments. Children need time to play, reflect and enjoy leisure time – they should not be exhausted at the end of a day owing to attendance at too many activities. Please check your child’s weekly plans with the class teacher and make adjustments as soon as possible.

At a recent TED conference in Helsinki, Finland, they offered presentations on many issues schools face in the new world of learning and technology. It was reiterated that for young children to learn best, their school day must have time for imagination, conversation and play.

The Finnish schools work within the following schedule: Collaboration, creativity and trust based on responsibility, professionalism and equity underpin all aspects of their education. The people with whom you study are as important as what you study. Digitalised technology is considered as just one more tool to use for educating children.

The Finns believe that their success is founded on their attitude. They use the Finnish word, "sisu", which translated means grit, tenacity, a determination to never give up. Life in Finland is challenging and as a result they have developed this "sisu". Respect for education and for the teaching profession is of great significance, and perhaps this motivation and respect is the key to their achievements.

Selection to get into university to study teaching is rigorous; less than 10% of applicants are accepted and most teachers have the equivalent of a Master's degree. There is a strong belief that the curriculum does not make or change a school; teachers do that!

Attitude and values are strongly modelled from home, and most Finnish children read the newspaper each evening. Religion, values and morals are expected to be taught at home, and school is a place for social and academic learning. The Finns strongly support the view that the church, the army and politics should not influence schools, or education, which should be in the hands of professional educators.

“Sitting is the new smoking,” according to Finnish schools. They believe children should be active and in their typical day, movement is important, as is the belief that all work should be done at school to allow time for creative and imaginative play!

Best wishes for the second term.

Yours in Education
Carolina van Heerden
I hope you have all had a good holiday and we look forward to welcoming your child back to The Mountain Cambridge Senior Primary Phase for Term 2.

I am also very pleased to welcome our new students joining us for the first time.

I know that I have posted this before but like to reiterate it again:

Returning to good routines:
If your child has a good night’s sleep and breakfast, it makes a real difference to their ability to concentrate in lessons and to behave well. Please aim that they have a minimum of nine hours sleep every night before school. If your child does not eat before leaving home, please encourage them to purchase food from the Gap.

Attendance and punctuality
If your child is reluctant to come to school, please raise this with your Register Teacher as soon as possible so we can investigate the causes. School start at 7:30 in the morning and students are expected to be on time.

They will be given an after school detention if they are persistently late.

Homework timetables
Please make sure that your child completes the homework recorded in his/her homework diary. If you have any concerns about homework, please raise this with the class teacher if necessary. Parents need to check the diary regularly for homework that needs to be done.

Our in house exam starts on the 17th July and ends on the 28th July 2017.
Please let your child start now with their preparation to ensure that they will be ready for it.
These are very important examinations for your child’s future and they will be well prepared by the teachers. Parental support is critical in encouraging your child to do their very best.
I hope your child has a happy and successful Term 2.

I would like to end off with some “Facebook Wisdom”.
The author said the following;
Do you know what makes me sick to my stomach? When I hear grown people say that kids have changed. Kids haven't changed. Kids don't know anything about anything. We have changed as adults. We demand less of kids. We expect less of kids. We make their lives easier instead of preparing them for what life is truly about. We're the ones that have changed. (Real food for thought don’t you think!)
Achievements

Danai (Grade 2) and Diwainashe (Grade R) Mawoko competed in the Brits Bosveld competition for Gymnastics held in Brits on the 22nd April 2017 as part of the team from GX club in Hartbeespoort. They competed at Level 2 and 1 respectively and were awarded Silver and Bronze medals each for their participation in Floor, Bar, Beam and Vault routines.
Well done, girls!

Justin Dubbelman competed in the National Archery Championship held during 22-23 April 2017. This was the final tournament for the 2016 season. Justin was awarded his North West and National Colours for the season.
Congratulations, Justin!

Tashil Naidoo played in the South African Junior Closed Chess Championships at Kopanang Hotel/Conference Centre in Benoni from the 5th to 12 April 2017.

He has been invited to play for South Africa in the Commonwealth Chess Championships in Delhi, India, in July 2017. He has now gained his International Fide Rating.

Tashil also played in the PSS Capablanca Chess Festival at South Downs in Pretoria from the 25th April to 1st May 2017. He had played in the Round Robin, Section F with all players with similar rating and finished 3rd.
Well done!

Performing Arts

Congratulations to the performing arts learners for being selected as part of Team SA.

The MCS Stars was awarded 2 silver and 2 bronze for their productions at SACOPA.
Well done!
Good morning teachers and fellow classmates.

I would like to thank all of you for all the great support you have given me as head boy. What a great experience. This was definitely a learning curve. I have enjoyed having tea and coffee with Mrs Van Heerden in her office.

Initially, it was not very easy to come and stand in front of all of you in order to make the announcements. That has helped me to become more self confident. And that has made me a better person.

This was truly an honour to be your leader. Having to be the head boy for this wonderful team of teachers meant a lot to me. I shall always remain satisfied from this experience.

Let me take this opportunity to wish all the luck to our new head leaders for term 2. I believe you will do a great job and set a great example for the school.

Allow me to quote the 6th US president, John Quincy Jones: If you are a person who inspires somebody to do more, learn more and become more, you are a leader.

I thank you all.

Bakang

Good morning teachers, students and parents.

First of all I would like to say thank you to Mrs Van Heerden and teachers for trusting me with this responsibility of being head girl.

Thank you Bakang for standing by my side and being the best partner ever.

And thank you Lions for choosing me, supporting me and making being head girl a lot of fun. You have no idea how much this meant to me.

I am very happy to pass this huge responsibility onto the next head girl, so that she can experience what I have experienced. I know you will be great and if I could give you any tips it would be - work hard, think before you do, and be happy.

Thank you.

Mia

Congratulations to our Term 2 Head Leaders: Tashil Naidoo and Ntsako Mashaba
**DIARISE Thursday evening 3 August for the MCS Cultural Evening.** This is our annual event for learners in the primary school to showcase their skills on the xylophones, marimbas and other percussion instruments. Learners perform in groups and learn both the value of, and fun inherent to, making music together.

As I mentioned previously, musical experiences are an important way to help create new neural pathways in children’s (and adults!’) brains. Apart from the learners’ weekly music class with myself, how about implementing some of the following ideas to help fill your child’s life with music at home too:

- Introduce your child/ren to songs from your own childhood or music you especially love.
- Sing in the car.
- Put a small stereo and a rotating collection of songs in your younger child’s room.
- A musical alarm clock or clock radio can help your child wake up musically. Many stereos have timers that let kids to drift off to music as well. And certain songs can serve as cues for your child (for instance, one song you always play or sing in the morning when it’s time to get ready for school).
- Cook to music, clean to music, and take time sometimes just to sit and listen as an activity.

Sound greetings,
Dr. Wilna Dirkse van Schalkwyk
MCS Music teacher

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**Art Marathon**

More donations welcome!!

Our annual art marathon took place on the second last day of term 1. The marathon, which is a fundraiser for the upcoming Art Fair, is also provided the learners with much needed uninterrupted art making time. We worked through the night and the objective is to see, who came stay awake longest. This year only three people were left standing in the early hours of the morning.

We would like to thank Mr and Mrs Engelbrecht who brought a telescope allowing us to gaze at the moon and Jupiter. Since it was almost full moon, we unfortunately could not see many other starts or planets but the moon was so fantastic we even managed to take photos of it. Thank you very much for the insightful discussions and the opportunity to also see Jupiter and its three moons.

The AS2 and IGCSE2 learners are already preparing their coursework finals and the art marathon provided them with time to explore new techniques and concepts. The AS 1 took a practice run for next year. Thank you to a group of dedicated young artists.

- Ms Anja Visagie
This is a very exciting term for our soccer and netball players with lots of matches, league events and tournaments happening.

The Primary School soccer boys have left the shield and challenge cup and will be participating in a 7-a-side league with schools more our size.

High School netball girls have made it to the next round of the SACSSA tournament, coming 1st in the qualifiers.

Well done and good luck to all our players!

Please check your parent calendars for dates of upcoming fixtures and please be sure to sign indemnities for transport by bus as no learner without their indemnity form signed will be allowed to be transported.

As we kick off the 2nd term please make sure the learners are participating in 2 afternoons of school sports a week.

We are continuing with our fitness focused P.E. lessons in the 2nd term with some practical guidelines and steps to take for a healthy body. I hope all parents encourage the learners to get into a daily habit of looking after their bodies.

Yours in sport
Coach Taylor
# Winter Extra-mural Timetable: 28 Feb - 4 Aug

## Foundation Phase Grade R - 3

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<th>Sport</th>
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## Primary School Gr 4 - 6

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<td>Vallance, Trollope, Lauren, Valerie</td>
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<td>Maths Academy (gr 6)</td>
<td>Bailey</td>
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<td>Johannes/Eckard</td>
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**Primary School Gr 7**

<table>
<thead>
<tr>
<th>Time</th>
<th>Sport</th>
<th>Teacher(s) involved</th>
<th>Venue</th>
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<td>15:00 - 16:00</td>
<td>7s rugby</td>
<td>van Bergen &amp; Garth</td>
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<td>Choir practice</td>
<td>Viljoen</td>
<td>Class U/hall</td>
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**Mother and Child Day**

**The Joys of Parenthood**

**Invitation to all our moms**

Our mothers and mother-guardians are cordially invited to a special Mothers’ day celebration, on Friday the 12th May, where they and their child/children will be treated to a short afternoon of praises, poems and song. Grade R to Grade 3 will gather in the school hall from 12:00 to 13:00. The Grade 4 to AS2 will follow them from 13:00 to 14:00. The Foundation Phase (Grade R-3) learners will be allowed to leave at 13:00. Gr 4 - AS 2 may leave at 14:00.

After the assembly in the hall the parents and the learners will move out to a decorating station where they will be decorating a cupcake at R5 each. (payable before the time, not on the day)

All moms are most welcome to pack a light lunch in the form of a picnic basket to enjoy on the sports field thereafter.

Moms are welcome to dress up a little as we will be taking photos of them and the learners. We might even use it for a competition whereby the moms can win a lovely pamper-hamper.

We encourage everyone to make time to join us on this very special day set out just for our very special moms.
## Community Service

<table>
<thead>
<tr>
<th>Date</th>
<th>Function:</th>
<th>Recipient Charity</th>
<th>Details:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every Wednesday 2017</td>
<td>Sandwich Wednesday</td>
<td>Ennis Thabong</td>
<td>Learners (high &amp; primary school) bring sandwiches, to be donated, to the school.</td>
</tr>
<tr>
<td>19 May 2017</td>
<td>Winter Warmers</td>
<td>Glenwoods Primary</td>
<td>High and Primary School learners donate old clothes, blankets.</td>
</tr>
<tr>
<td>9 June 2017</td>
<td>Dare to go Bare</td>
<td>Glenwoods Primary school</td>
<td>Learners give an old pair of shoes or sandals and go barefoot for the day</td>
</tr>
<tr>
<td>14 July 2017</td>
<td>HAWS and Mandela Day assembly</td>
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<tr>
<td>8 September 2017</td>
<td>Casual Day</td>
<td>Meerhof School</td>
<td>R10 donations for casual day and casual clothes can be worn.</td>
</tr>
<tr>
<td>19 October 2017</td>
<td>Santa Shoebox</td>
<td>Skeerpoort Primary</td>
<td>Santa gift Shoe boxes to be given to Skeerpoort Primary.</td>
</tr>
<tr>
<td>3 November 2017</td>
<td>Staff Hamper collection</td>
<td>MCS ground staff</td>
<td>Collect non-perishable food</td>
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<tr>
<td>1 December 2017</td>
<td>Carol’s Evening (toy collection)</td>
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